

Lawrenceville Woman's Club March 2024 Newsletter

March Chairlady LeeAnn Gregg

Welcome Spring! We will be meeting at the Female Seminary, Wednesday March 6th at 6pm. Bring whatever Easter candy or prizes you have to put together Easter baskets for the program. We will be putting together the baskets for either DFAC's or PADV. Looking forward to seeing everyone there.

Treasurer's report Nicole Hallmark

I will not be at the March meeting so please give Shelia your dues of \$60 if you have not paid. So far we have received one sustainer.

Arts and Culture Marylouise Awana

- 1. A recent discussion regarding a visit to the Hindu Temple in Lilburn. For planning purposes, this is basic information: The Temple is open daily from 9:00AM to 6:00PM. Admission is free, however, donations are accepted. See website for additional detailed information. Let's discuss at our March meeting.
- 2. March is Youth Art Month YAM Donate a maximum of \$100.00 of art supplies to a Lawrenceville Elementary School. Included our club information. Let's discuss what school to help.
- 3. Gwinnett County Events: So many, but of particular interest is the Roswell House Tour. It is a Senior Day Trip on March 19th. Call 678-277-0910 or visit Gwinnett County/Events website for detailed information. Note: pick- at 8:00AM at George Pierce Park \$21.00 fee for Gwinnett residents.
- 4. Lawrenceville Art Center:
- -March 1, 7PM Women's History Month Celebration- Panelist discussion regarding self-care and self-love in the workplace. \$25-35
- -Many additional programs- visit website for detailed information.
- 5. National Craft Month not in March, but, how about the Suwanee Art Festival April 13-14, 2024.

Spring into the great outdoors

Newsletter Nicole Hallmark

Articles are due on March 22 by noon for the April newsletter

Civic Engagement and Outreach

National K9 <u>Veterans Day</u>, March 13, is a day set aside to honor commemorate the service and sacrifices of American military and working dogs throughout history. It was on March 13, 1942, that the <u>Army</u> began training for its new War Dog Program, also known as the "K-9 Corps," according to American Humane, marking the first time that dogs were officially a part of the U.S. Armed Forces.

Early voting started on Monday February 19th and will end on Friday March 8. Presidential Preference Primary is March 12. General Primary/Nonpartisan Election May 21 General Primary/Nonpartisan Election Runoff June 18.

Education and Libraries LeeAnn Gregg

Upcoming Author and Speaker Programs

Each month the Gwinnett County Public Library brings bestselling and award-winning authors from a variety of genres to the library, offering readers exclusive opportunities to meet and engage with their favorite writers. All author events listed below are either live or virtual.

In-Person Program



African religion and identity in Trinidad from the colonial period to the present.

In-Person Program



Wanda M. Morris will discuss her book *Anywhere You Run*, a book about two sisters on the run – one from the law, the other from social shame.

Online Program



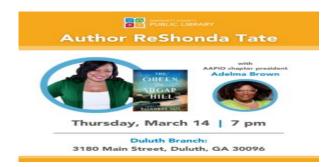
Amanda Barrat shares the true stories that inspired her new historical fiction novel, *The Warsaw Sisters*.

Online Program



Kyla Zhao discusses her new romance novel, *Valley Verified*, about a fashion writer who dives headfirst into the cutthroat Silicon Valley tech world.

In-Person Program



ReShonda Tate presents a fictional portrait of Hattie McDaniel, the first Black person to win an Oscar, for her role as Mammy in the film classic "Gone With the Wind."

In-Person Program



Bestselling romance author Kennedy Ryan discusses her newest book, *This Could Be Us*, with guest moderator Tanya Sam, founder of Tanya Time Book Club.



Gwinnett Residents now have access to 10 more glass recycling countywide bringing their total number locations to 13. The County's glass recycling program allows for safe and sustainable recycling where residents can bring clean

empty glass containers. To learn more and find a purple glass recycling container near you visit GwinnettCounty.com/GlassRecycling.

What can I put in the container?

· Only clean, empty glass bottles and jars are accepted. Items can be clear, amber, green, yellow, and blue in color.

What is not acceptable to put in the container?

· Glass windowpanes, tempered glass (cooking dishes), mirrors, and porcelain are not permitted.

Are labels and metal lids okay?

· Yes. Labels may be left on the container or removed. Metal lids may be left on as they will be removed by a magnet.

Storm drains in Gwinnett prevent flooding by collecting rain runoff. However when storm water picks up any pollutants on its way to the drain it can lead to pollution in our local waterways. The following healthy habits can help keep the storm water drain system clean:

Properly dispose of household waster
Clean up after your pets
Pick up trash on your street
Repair leaking vehicles quickly
Recycle automotive fluids at local auto parts stores



lealth and Wellness

Shelia Jones

Hello March – Spring is just around the corner and so is daylight savings time – March 10^{th} . We will help with Delmar Gardens St. Patty's Day Celebration on March 15^{th} – 2:00pm – we will bring the cake so mark your calendar and come out and help. On March 20^{th} at the Gwinnett County Fairgrounds Expo Center – there will be Gwinnett County Senior Expo – 10:00am- 1:00pm – Free Health Screening – Refreshments and Prizes every hour. See you at the meeting!

What is Wellness Wednesday? Wellness Wednesday is a monthly health and wellness series offered by Northside Hospital Gwinnett through Zoom. Each presentation will take place on a Wednesday from 12 – 1 pm and will feature a physician/healthcare expert presenter speaking on a particular topic of interest. Topics will be chosen based on monthly observances, hot issues of the moment, as well as feedback from our attendees. Both the presentation and the time for Q&A will be kept to within an hour timeframe so as to accommodate most schedules. What is the Cost? No cost; this is a free series available to anyone who wishes to join the meeting. How Can I Participate? Emails will be sent with our scheduled presentations and the links to join so that you may share with your employees/patients/residents/friends. Each presentation will be recorded, so please ask your employer/physician practice if you would like to view the presentation at a time other than the scheduled meeting.

This month is Gout vs. Pseudogout: Similar Yet Different Causes of Crystal-Induced Arthritis Yeohan Song, MD, Rheumatologist with Northside Hospital Diagnostic Clinic Wednesday, March 27, 12-1 pm Join Zoom Meeting https://northside.zoom.us/j/86981623234?pwd=amhFRDBENktmdDc5UjFEN2QvNGRYQT09

Meeting ID: 869 8162 3234 Passcode: 692963





Federation News

Shelia Jones

CentralEastDistrict Saturday, March 9, 2024 WHERE: Crawford Baptist Church 124 Church Street Crawford, GA 30442 TIME: 9:00 am—Registration 10:00 am—Business Meeting PRESIDENT: Mary Beth Jacobson COST: \$30.00 HOST CLUBS: GFWC Maxeys Woman's Club GFWC Four Corners Woman's Club.



Donate \$23 to celebrate and honor the 23 years Wellspring Living has made an impact on the lives of their participants. If 1,000 of our club women gave \$23 during the month of March, GFWC Georgia could donate \$23,000! If members cannot donate \$23 each, discuss ways to hold a fundraiser to donate \$23/member. One way to fundraise would be to have members donate \$1 per day and give up coffee or cola that would have been spent. Provide a jar to each member to bring to your March meeting with the \$23. Monies should be collected during March and a club check/individual check sent to GFWC Georgia (Wellspring Anniversary in note of check), P. O. Box 39, Tallulah Falls, GA 30573 by March 31. We will present one check to Wellspring Living at our April convention

Donor Name:
Club Name, if individual donor:
Email:
Total Enclosed:

Mail check by March 31 to the State Office! THANKS!!!

We can send \$23 from the club out of PADV/Wellsprings budget. The next Federated Fellowship will be March 11 - 7:00-8:00. March 8th is International Woman's Day.

Book Club Shelia Jones

Dr Seuss read across America Day is March 2. We had a great book club meeting last month celebrating Lunar New Year at East Pearl Restaurant -it was a lot of fun. Bring your calendar to the meeting next week and we can discuss date/time/place for our next luncheon!! What do you think about reading "To Kill a Mockingbird" and then attending the play at the Fox on Wednesday or Thursday May 8th or 9th? If you are looking for a book recommendation "Run Rose Run" by Dolly Pardon and James Patterson.

Sunshine Nicole Hallmark

Don't forget to turn your clocks ahead on Saturday night March 9th.



