



Lawrenceville Woman's Club January 2024 Newsletter

January Chairperson

We will be meeting at the Female Seminary on Wednesday January 10 at 6pm. This will be our planning meeting for the upcoming year. Bring your ideas and thoughts.

Treasurers report Nicole Hallmark

We received our \$100 donation from Central East District.

Arts & Culture Mary Louise Awana

The upcoming play at the Aurora Theatre is Knead January 25 - February 25th at the Metro Waterproofing stage located in the Aurora Theatre. Ben Bailey with "Cash Cab" will be performing Saturday January 27 at the Lawrenceville Arts Center 8pm.

Civic Engagement and Outreach

Martin Luther King Jr. Day Parade is January 15, at 11:00 AM. Gwinnett Justice & Administration Building. 75 Langley Drive, Lawrenceville. There will be a celebration at 2:00 PM at Central Gwinnett High School.

Education/Libraries LeeAnn Greggs

Have fun with the Gwinnett County Public Library at Slow Pour Brewing!

Join our staff and mobile library at Slow Pour Brewing every third Wednesday of the month for a night of fun! Hang out after work with friends and join us for games, crafts and tasty local craft beer.

- **January 17: Legos & Lagers**
- **February 21: Bingo & Brews**
- **March 20: Crafts & Craft Beers**

This program is free and open to the public. Registration is recommended. Register at gwinnettpl.org/adultservices

Consumer Education | Understanding Health Insurance

Part 2: Navigating Health Insurance Coverage

Tuesday, January 09

12:00pm - 12:30pm

Virtual

Part 2 of the Understanding Health Insurance series focuses on covered services and benefits, in-network vs out-of-network care, choosing a primary care doctor, prescription drug coverage, and preventive care.

Learn how to navigate your health insurance with the second session of our Understanding Health Insurance series. This video, Navigating Health Insurance Coverage, focuses on covered services and benefits, in-network vs out-of-network care, choosing a primary care doctor, prescription drug coverage, and preventive care.

Access the video on our YouTube channel: <https://www.youtube.com/@GwinnettCountyPublicLibrary>



Environment

Please continue to recycle and deliver items to:

- Used eyeglasses—the Lions Club drop box in Walmart Vision Centers.
- Plastic grocery bags—Creative Enterprises for cleaning 19 litter boxes at their no-kill cat shelter.
- Used printer cartridges—Cartridge World.
- Expired or unused prescription medication—Police Take-Back events. *Some pharmacies also have bins in their pharmacy departments.
- Snellville Recycle center accepts electronics, scrap metal, and glass. You do not have to be a resident. A manned Kidney Foundation trailer is also onsite to accept donations.
- Household items and clothing—The Quinn House Thrift Store.
- Used furniture—Restore, which benefits Habitat.
- The Gwinnett Clean and Beautiful website is a great resource for hard to dispose of items.



Federation News

Shelia Jones

Federation Fellowship – January 8th – 7:00-8:00 – Zoom

January 25th – CSP Club Reports due



Health and Wellness

Shelia Jones

Hope everyone had a wonderful holiday season!!! Hello 2024-☐ I look forward to getting back to work in our community. I'm trying to get in touch with Praise Community Church in Lawrenceville to see if we can volunteer at the soup kitchen they hold on certain Saturdays – hopefully by the meeting I will have an update. See you then!!

Sunshine

Nicole Hallmark

Birthdays

Sandra Strickland

1/1

Nicole Hallmark

1/4