Lawrenceville Woman's Club February Newsletter

February Chairlady **Cheryl Shaw**

Looking forward to seeing everyone on Wednesday February 1st, 6pm at the Female Seminary. The following ladies have agreed to be the Chair Lady for the next few months. Thank you ladies for stepping up and taking a month. Mary committed to March, Shelia April, Marylouise May. Thank you to Cheryl and Mary for attending the reporting workshop at Nicole's house on Monday January 16. It was very productive. Make sure to send a copy of your report to Shelia so she can submit the President's report.

Treasurer's report **Nicole Hallmark**

Please bring your 2023 dues in the amount of $60 to the February meeting. I will be mailing sustainer letters by the end of this week. I did contact the Aurora in regards to the brick status. The bricks have arrived and now waiting on contractors to install. Weather permitting.

Newsletter **Nicole Hallmark**

The following dates are when newsletter articles are due. I would prefer to have the articles by the end of the day.

February 17 for March March 20 for April August 23 for September September 22 for October

October 20 for November November 28 for December

Civic Engagement and Outreach **Mary Sanders**

Veterans

We will continue to send cards to Veterans again this year. We will sign cards at some of our meetings, but if you have a few extra minutes during your day, please sign a card that you may have available, put a nice note in it and bring to our meetings.

Test For Radon in Your Home

Radon is an invisible, odorless and tasteless radioactive gas - and it is the second-leading cause of lung cancer in the United States. Learn if radon is present in your home with a test kit from UGA Extension Gwinnett. Learn more about radon and order your test kit at **UGARadon.org**

Help for seniors and adults with disabilities.

The Board of Commissioners recently approved a contract that will provide pre-approved, non-emergency medical and quality of life transportation to seniors and disabled adults across the County. Please visit the Gwinnett Senior Services Center located at 567 Swanson Drive in Lawrenceville or call 678-377-6930

Attend Construction Conversations with Gwinnett Transportation

Learn about the research, design, development, and maintenance of Gwinnett's roads at Construction Conversations on **Saturday, January 28.** The free open forum will take place at the Pinckneyville Park Community Recreation Center from noon to 4:00pm. Staff from Gwinnett Transportation will be available to answer questions.

Lunch and lemonade will be provided, but space is limited. Register at GwinnettCounty.com/DOTForum. The Pinckneyville Park Community Recreation Center is located at 4650 Peachtree Industrial Boulevard in Berkeley Lake.

Environment **Cheryl Shaw**

Gardens "Anyone who thinks that gardening begins in the Spring and ends in the Fall is missing the best part of the whole year, for gardening begins in January with the dream."

—Josephine Neuse.

February is a good time to:

- Give your indoor plants a good cleaning—dust settles on leaves, hindering light penetration. Check for insect infestations.
- Start outside carpentry projects like cold frames and trellises.
- Collect all your seed starting equipment. Order vegetable and perennial seeds and start them indoors.
- Give your tools a good cleaning and sharpening. Prune fruit trees and berry bushes and complete this while they are still dormant.
- Turn your compost pile. Or start one! Spread compost over beds that you will plant next month.

Mark Your Calendar

Lawrenceville Community Garden Workdays

- Wednesday, February 8, 3pm – 5pm
- Tuesday, March 7, 4:30 – 6:30
- Thursday, March 16, *Gardening 101*, 9am – 11am

2023 National Parks Free Entrance Dates

- January 16—MLK, Jr. Day
- April 22—First Day of National Park Week
- August 4—Great American Outdoors Day
- September 23—National Public Lands Day
- November 11—Veterans Day

2022 In Review

Environment CSP

- Participated in four joint projects with the Lawrenceville Garden Club and eight workshop projects with LWC.
- Earned a total of $34 from recycling aluminum drink cans and $43.24 from sale of birdhouse kits after expenses were paid, and donated 2 gallons of aluminum pull tabs to Shriners Hospital for Children.
- Donated $50 to (1) Gwinnett Jail Dog Program, (2) Trees Atlanta, (3) Food Well Alliance, (4) Gwinnett Clean & Beautiful, (5) Creative Enterprise's No-Kill Cat Shelter, (6) and Yellow River Wildlife Sanctuary.

Continue to save and bring to meetings: rinsed aluminum drink cans, aluminum pull tabs, used printer ink cartridges, used eyeglasses, old blankets and towels, and bird nesting materials.

lealth and Wellness **Shelia Jones**

Happy February — February is National wear Red — American Heart Month. So wear red on February 3rd for womens health.

American Heart Association.

Go Red for women.

National Wear Red Day® and American Heart Month
National Wear Red Day is Friday, February 3, 2023. Together, we can wear red and be the BIG difference for a better life for women everywhere. See you at the meeting.