

Lawrenceville Woman's Club ~2018~



February
2018

GFWC Lawrenceville Woman's Club

President's Message – Brenda Perdue

Hope we can stay safe, warm and healthy during these chilly winter months!

I'm so excited to be working with our new Officers and CSP Chairs to make a difference in our community.

All Community Service Program Chairs want and need your ideas and cooperation.

Debbie, Tracy and I will be attending Central East District Board Meeting on February 10 in Winder. We will have a report for our club at the General Meeting.

Central East District Spring Meeting will be Wednesday, March 21 @ Burge Plantation, Mansfield, Ga. Lots of fun, good lunch and you will meet some of the other clubwomen in our District. There will be Installation of officers for 2018 and Awards presented to clubs for 2017 activities. Our Debbie Brown will be installed as District First Vice President. We hope LWC will win awards. If you are able, please make plans to attend. We will have a "sellable" table at the meeting.

There will be a sign up sheet for registration at the February meeting. Cost for lunch is \$30.

Remember to "Dream Big! Work Hard!"

Hugs, Brenda

* Reminder **all awards must be brought to the February Meeting** so that we can take them to Central East District Spring Meeting!



LWC 2018 Officers

President

Brenda Perdue

1st Vice President –

Membership

Tracy Petit

2nd Vice-President –

Dean of Programs

Bonnie Hagen

3rd Vice-President

Open

Secretary

Paula Carroll

Treasurer

Cheryl Shaw

Follow Us:

Website:

www.lawrencevillewomanclub.org

Facebook:

www.facebook.com/lawrencevillewomansclub/



GFWC & GWFC Georgia Upcoming Events:

- **March 21** – Central East Spring District Meeting – Burge Plantation, Mansfield, GA
- **April 20 - 22** – GFWC Georgia State Convention
- **April 28** - GFWC Georgia's Statewide Day of Service on Saturday, April 28, 2018 from 10:00 am - 2:00 pm. This day will benefit local Domestic Violence Shelters.
- **June 21-26** - GFWC Annual Convention, St. Louis, Union Station Hotel



**LWC 2017 CSP
Chairs**

- Arts
Carolyn Wright &
Janet Hecht
- Conservation
Cheryl Shaw
- Education
Open
- Home Life
Shelia Jones
- International
Outreach
Phyllis Prunty
- Public Issues
Mary Sanders
- Signature Project –
Domestic Violence
Awareness &
Prevention
Open

**Other Committees
& Roles:**

- Book Club
Shelia Jones
- Federation –
Tallulah Falls
School, Lipscomb
Society/Ella F.
White/WHRC
Debbie Brown
- Sunshine
Allan Fowler
- Newsletter Editor
Janet Hecht
- Webmaster
Cheryl Shaw
- Facebook
Rosane Sandberg
- Communications &
Public Relations
Rosane Sandberg &
Janet Hecht



***First Vice President – Membership –
Tracy Petit***

A few housekeeping items for 2018:

First, if anyone needs a binder or a nametag please email me before the meeting. I have three nametags for Roslyn, Dedra and Daryl. At this time no binders are required.

Everyone will be receiving new pages at the meeting to update their binders for 2018. Don't leave the meeting without getting your set!!

Didn't get an email? Missed on a fun event? Let's make sure we have current contact information on you, so you are always in the know. There will be a contact sheet for you to review with your information we have on file. I will need you to review and make corrections or mark as good. If you are unable to attend the meeting I will reach out to you ...hopefully we have a good email or phone else I will just wander the streets with a megaphone shouting your name!

Member Spotlight – Phyllis Prunty

Joined LWC: 2014

LWC Positions: International CSP (current), Public Issues CSP

Favorite LWC event/activity: Leading the international CSP she enjoys the feeling that we are reaching out across the world doing good!

Advice to new members: Get involved. Enjoy trying many things in the club to find what you are passionate about. Always be learning!

Favorite Book/TV/Movie: Hallmark Movies

Your childhood dream career: Nursing

Name three people to invite to dinner: I don't want to invite 3...I want to invite a 100!

Member Spotlight – Debbie Brown

Joined LWC: 2010

LWC Positions: President, 3rd Vice President, Treasurer and worked on the club bi-laws. Debbie also holds positions at the District level currently serving as the Central East District Corresponding Secretary. I encourage you to reach out and learn about all the hats Debbie wears for the Woman's Club.

Favorite LWC event/activity: Creating birthday boxes for the Lawrenceville Coop.

Advice to new members: Find what you are passionate about in the club and do that! If you like arts get involved and bring new arts projects to the club!

Dream Trip: Italy

Favorite Hobby: Designing Jewelry

Best advice: Debbie's mom taught her that you need to take care of yourself before you can take care of others.

Ladies Time Out

Also, don't forget to sign up for Ladies Time Out (LTO). There will be a sign-up sheet at the meeting. Grab your spot now! Spots are filling up fast...February and March are already taken. For any new members I encourage you to attend a Ladies Time Out and even host one. They are a great way to get to know your fellow members. Satisfaction guaranteed! 😊

New Member Meeting

We will be hosting a new member meeting at each general meeting. The target audience for this meeting is anyone that has been in the club less than a year. We will have more experienced club members introduce themselves, share their club experiences and be on hand for your questions. **Our February new member meeting will be at the female seminary at 6:00 pm.** And our club members will be Phyllis and Debbie. Learn more about these awesome ladies in their spotlight!



Second Vice-President – Dean of Programs – Bonnie Hagen

Janet is currently finishing up the reports for the 2017 Year. They should be postmarked and mailed by January 31st. Thank you everyone for all your hard work in the past year.

Community Service Program (CSP) Committees

If you did not yet sign up for a CSP, please contact Bonnie Hagen to let her know your first choice of committee or you can sign up at beginning of the February meeting. **All members are required to serve on at least one CSP.**

You are welcome to serve on more than one committee. We will make every effort to place you on your first choice, but we do need to have at least 4 members on each CSP.

CSP Committee chairs:

- Arts – Carolyn Wright & Janet Hecht
- Conservation – Cheryl Shaw
- Education – Open (contact Brenda or Bonnie if you are interested)
- Home Life – Shelia Jones
- International Outreach – Phyllis Prunty
- Public Issues – Mary Sanders
- Signature Project – Domestic Violence Awareness and Prevention – Open

The Executive Board is hosting the February meeting. At the February meeting we will splitting up into committees in order to brainstorm, and plan for this year. Bring some ideas for your CSP.

Tracking Service:

Tracking our service (time, talent, and treasures) is important in order to be sure that results are comprehensive and measurable. It is critical for our end of the year reports. We want to include everyone's contributions and efforts in meeting our goals for the year.

Members need to keep track of their own activities. We will be introducing a log sheet for members to use for tracking. It can be used "on line" or "paper and pen". We will go over this at the meeting. We will also have the sign up sheets at the meeting for the CSP chairs to collect and track.

Monthly General Meeting Schedule

Note: Unless otherwise noted, socializing is from 6:30pm - 7:00pm; meeting begins promptly at 7:00 pm.

- Wednesday, February 7 – Executive Board
- Wednesday, March 7 – Federation
- Wednesday, April 4 - Conservation
- Wednesday, May 2 - International Outreach
- Wednesday, August 1 – Education (*tentative*)
- Wednesday, September 5 – Arts
- Wednesday, October 3 – Home Life
- Wednesday, November 7 – Public Issues
- Wednesday, December 5 – Christmas Party (location TBD)
- Wednesday, January 2, 2019 – Annual Banquet & Installation of Officers

Secretary – Paula Carroll

Greetings to all from your newly installed LWC Secretary!

A Quick reminder to all Officers, CSP Chairs and anyone giving a report at a meeting:

Please bring to any meeting your written notes or announcements to give to the secretary. This does not have to be fancy or typed – I will take it in any written form



This helps me as the secretary to make sure that I don't miss anything. I will have my notes and your written information to make sure we have accurate minutes and notes from the meetings.

Monthly Board Meeting Schedule

Note: Board Meetings are held AT LEAST two weeks prior to the general meetings. **Board meetings will start at 6:30 pm**

- Wednesday, January 17th
- Wednesday, February 21st
- Wednesday, March 14th
- Wednesday, April 18th
- Wednesday, May 2nd
- Wednesday, August 22nd
- Wednesday, September 19th
- Wednesday, October 24th
- Wednesday, November 14th
- Wednesday, December 19th

*International Outreach –
Phyllis Prunty*



First of all I would like to thank everyone who contributed money through the pill bottles for Dimes for Shots and Heifer International. Along with my sorority and your help I collected \$60. I plan to continue this collection this year. Please see me at the February meeting for more details regarding this. I will have a sign-up sheet available and the pill bottles to be filled. So bring all that loose change that you have around your home or in your wallet.

Thanks to everyone that contributed to the making of the Samaritans Purse boxes. Over 15 boxes were made through either filling boxes or ordering boxes over the Internet. Allan and I had a nice evening volunteering at the warehouse. Volunteering was so rewarding to both of us. Hopefully this December more members will be able to attend.

Thanks to all that were on my committee this past year and I am looking forward to a successful



Treasurer – Cheryl Shaw

GFWC Georgia 2018 Spring District Meeting:

Wednesday, March 28
Burge Plantation
44 Jeff Cook Road
Mansfield, GA 30055



9:15 Registration
10:00 Business Meeting
12:00 Lunch

*Lunch is \$30. If you have signed up to attend, or plan to, make your check payable to LWC, and we will send one check to cover lunches. Bring your check to the February meeting. Thanks!

Conservation – Cheryl Shaw



Undecided about which CSP you want to become involved with this year? Consider joining the “green people” in Conservation! There are enough projects for everybody to take responsibility for at least one. Join us at the February meeting breakout session and learn more about some of the projects we plan to continue or begin:

Ongoing Projects

- Supporting the Jail Dog Program, the Gwinnett Animal Shelter, and the Creative Enterprises No Kill Cat Shelter
- Supporting the Lawrenceville Housing Authority Community Gardens
- Promoting recycling and providing extra income for our projects through recycling aluminum cans and printer ink cartridges
- Recycling our used books through the Little Free Libraries at Special Needs School and Creative Enterprises
- Maintaining the planter at the Special Needs School



New Project Ideas

- Organizing a Pet Parade (in the Fall) to raise funds to provide pet food to seniors who receive Meals on Wheels and could use a little extra help with feeding their pets
- Planting a pollinator garden at the Female Seminary or the Isaac Adair House—a small garden featuring perennials and native plants
- Providing painted bird houses for the gardens at Special Needs School and Creative Enterprises. Any artists out there?
- “Adopt a Road” and maintain it litter free
- Organizing a Plant Swap
- Learning more about the Master Gardener Program—Conservation will host the April program

Save and bring to the meeting: aluminum pull-tabs, drink cans (rinsed, please), used ink cartridges, old towels and blankets for the Gwinnett Animal Shelter.

Public Issues – Mary Sanders



February Is American Heart Month

National Wear Red Day will take place on Friday, February 2nd, 2018. This is a Nationwide Campaign to raise awareness and honor families affected by heart disease. On **Tuesday, February 20th** there will be a **Go Red For Women** proclamation given by Charlotte Nash, Chair, Board of Commissioners. This will be at 2:00PM at the Gwinnett Justice Center.

National Heart Valve Awareness Day on February 22nd is an annual day dedicated to increasing recognition of the specific risks and symptoms of heart valve disease, and to improve detection and treatment to save lives.

SeniorBSafe

The Gwinnett County Department of Fire and Emergency Services offers free community-oriented programs to raise awareness of home hazards. The program is designed to assist the older adult population with identifying and correcting potential home hazards related to fires and falls. The program goals are to minimize risks and to ensure a safe living environment for the citizens of Gwinnett County. The programs include:

- Community Fire Safety Talks
- Slip, Trips, and Fall Safety
- General Well-being

In addition to these programs free Home Safety Surveys are offered. All Surveys are

conducted by Fire Service professionals and are kept confidential. To schedule a Home Safety Survey or one of the programs listed above, call 678-518-4845 or email

fireporgrams@gwinnettcountry.com

Letters To Military

We will continue to collect cards and letters for active, reserve, and retired military personnel through the "A MILLION THANKS" program. Guidelines are:

DO NOT INCLUDE: Envelopes, Glitter, or Confetti

DO –Write Words of kindness and



The installation of a Flag and Flagpole with lighting has been approved for installation on the Lawrenceville Lawn.

The Lawrenceville Woman's Club and the VFW of Lawrenceville have been invited to attend the **Council Meeting on Feb 5th at 7:00 PM**. Our Club and the VFW will be recognized for our contribution to help pay for this project.

Arts – Carolyn Wright & Janet Hecht



Co-chairs Janet and Carolyn are excited to begin another year with a committee consisting of returning and new members. Please plan to attend our first planning meeting Thursday, February 1st, 6:30 PM, at The LONA Gallery.

2018 is Gwinnett County's Bicentennial which is being celebrated throughout the year with a variety of activities. There is a traveling Art Exhibit with photos of various locations in Gwinnett dating from 1904 to 1978. The exhibit is to be featured at four different locations and is currently presented at George Pierce Park through April 10th. You can track all the sites along with all the information relating to the Bicentennial at https://www.gwinnettcountry.com/static/about_gwinnett/gcb2017/index.html

February is Black History Month and in celebration there is an art exhibit at the Southeastern Railway Museum in Duluth, featuring works from artist across the country that portray the African American experience. Find other events around the county at <https://www.exploreghwinnett.org/the-latest/celebrate-black-history-month-in-gwinnett>

Artsy Activities



1/11-2/11 "Maytag Virgin" at Aurora Theatre is a romantic comedy that is sure to please with lots of laughs and heartwarming moments.

1/29-3/31/19 "SculpTour" Suwanee's public art exhibition with new temporary pieces along with 8 permanent exhibits. This walkable outdoor exhibit or original sculptures in centered around Suwanee's Town Green and is a great family friendly activity.
2/9 "Heart & Soul Line Dance Party" Shake off those wintertime blues with a meal and line dancing at Mountain Park Activity Building. Instruction provided. Age 18-up. Register by 2/4. For more details visit:
http://events.exploreghwinnett.org/event/heart_and_soul_line_dance_party#.Wm87mt-nHIU



Home Life— Shelia Jones



Welcome New Year – New faces -New ideas ---J I look forward to working with everyone this year in Home Life Come join me – Home Life is designed to inform members of issues that affect the well-being of individuals, families, and communities by providing opportunities and resources to meet and address needs through volunteering.

National Wear Red Day

On Friday – February 2nd - wear red for women’s health, it is National Wear Red Day. According to the National Heart, Lung and Blood Institute (N.I.H.) Coronary Heart Disease is the “#1 killer of women in the United States”. The day, which was first observed in 2002, aims to bring national attention to this fact, and to raise awareness of women’s heart health. On this day, men and women are encouraged to wear red as a symbol of their support of women’s heart health. Go Red For Women is a movement that starts with you. Lead by example and make the time to “Know Your Numbers.” It’s knowledge that

could save your life. Five numbers, that’s all we should know to take control of our heart health. They are: Total Cholesterol, HDL (good) Cholesterol, Blood Pressure, Blood Sugar and Body Mass Index (BMI). Knowing these numbers can help determine the risk for developing cardiovascular diseases. It’s time for all to learn the most critical numbers in our life — our heart depends on it. Learn more about your risk for heart disease as well as factors that increase your risk on Go Red for Women. www.heart.org Do your part and **Wear Red on Friday – February 2nd.**

Gwinnett Extended Care Valentines Day Party

Gwinnett Extended Care is having a Valentine’s Day Party on February 14th at 3:00 -- if you have to time to help come join me . I will be there at 2:45 and bring chocolate candy.



Federation – Debbie Brown

GFWC National Level

Women’s History and Resource Center:

The WHRC in Washington DC will hold their annual Women’s History Month event on March 8, 2018. The event will include a talk by Dr. Marjorie Spruill. Dr. Spruill is currently a Professor Emeritus at the University of South Carolina and specializes in women’s and gender history and the history of the American South. Dr. Spruill will be discussing her most recent book, *Divided We Stand: The Battle Over Women’s Rights and Family Values That Polarized American Politics. Divided We Stand* focuses on the women’s movements of the 1970s, particularly the federally sponsored International Women’s Year (IWY) conferences of 1977, in which GFWC participated.

Tallah Falls School: We are currently collecting for Tallulah’s Closet. The students have a Prom in early April and they are getting excited about going to the Prom. Do you remember your Prom?

The purpose of the closet is to provide formal wear for girls and guys who could not otherwise afford it. In providing this formal wear, we will help promote self-confidence, self-respect, and an individual sense of beauty (or in the case of the guys...handsomeness!)

Tallah’s Closet is collecting:

- New or gently used formal dresses, any length. (We ask that the dresses are clean, on hangers and in clear plastic bags.)
- Dressy wraps or shawls
- Hair accessories
- Evening handbags
- Men’s formal wear (Again, clean, on hangers and in clear plastic bags.)
- Men’s formal accessories
- Monetary donations for tuxedo rentals, corsages etc.



Please bring your donations to the meeting!!

Volunteer Opportunities

We want to pull together volunteer opportunities in the Lawrenceville area. Please bring a list of 3 volunteer opportunities to the meeting including:

- Name and Address
- Phone and Website
- Describe need: Volunteer or Donations

We already have Aurora, Family Promise, Lawrenceville Co-Op.

GFWC Georgia is declaring April 28th a DAY of SERVICE for our local PADV shelter. Mark your Calendars!! GFWC GA has supplied Press Release templates, Flyers, T-shirts and a reporting template. Our local PADV shelter has given us a list of items that they need. Now we have to **Think Big!** The idea is to use something like the Lawrenceville Trolley and challenge the community to “Fill the Trolley”. We need a lot of volunteers for this project. Please bring ideas, \$12 for a T-shirt and sign up at the meeting!! More info will be discussed at the February meeting.

*Protocol and Parliamentary –
Debbie Brown*

- All GFWC organizations follow Robert’s Rules of Order.
- Our President holds the highest rank in our club and should be addressed as **Madame President**.
- An Invocation at the beginning of a meeting is given before the Pledge of Allegiance to the Flag of the United States of America. The rule is simple **God before country**.
- A member wishing to speak at a meeting, must be recognized by the chair before they speak.
- Officer, CSP and Committee reports at regular meetings should be limited to 2 minutes unless you have been given additional time by the President.

Sunshine – Allan Fowler



Happy Valentines Day To All!!



There are no February birthdays.

Please keep Janet Hecht in your thoughts and prayers. Janet will be having outpatient foot surgery **on February 6**. We hope she has a speedy recovery. Please check in with Janet to see if you can help her in any way.

Please keep Diana Saabye and her family in your prayers. Diana lost her father recently and now her mother is in very poor health.

Please send any sunshine news to Allan Fowler at allanfowler@bellsouth.net.

*Signature Project – Domestic Violence
Awareness and Prevention - Open*

GFWC Georgia is declaring April 28th a **DAY of SERVICE** for our local **PADV shelter**. More details are in the Federation Article. Debbie Brown will be heading up this event



PADV Teen Summit

Partnership Against Domestic Violence (PADV) will have their 9th annual Teen Summit on March 3 at Decatur High School! Teen Summit offers parents and teens an improved understanding of the ingredients that make up respectful relationships, as well as how to recognize the warning signs and patterns of dating violence.

The 2018 Teen Summit will empower teens and adults to deepen the dialogue on teen dating violence, and prompt next steps that will help drive “Dialogue and Action”.

Though there is no cost to attend PADV’s Teen Summit, there is a cost to produce it. Your 100% tax-deductible donation will help us reach as many youth as possible to prevent dating violence. [Donate today!](#)

Federation Information and Resources

General Federation of Women’s Clubs:

- Website: <http://www.gfwc.org>
- Facebook: <https://www.facebook.com/GFWCMembers/>
- Newsletter Signup: <http://www.gfwc.org/contact-us/> (go to the bottom & sign up for News & Notes)

GFWC Georgia:

- Website: www.gfwcgeorgia.org
- Facebook: www.facebook.com/GaFWC
- Newsletter Signup: <https://gfwcgeorgia.org/club-resources/newsletters/>

Georgia Central East District

- Facebook. <https://www.facebook.com/GFWCGACentralEast/>

Lawrenceville Woman’s Club:

- Website: www.lawrencevillewomansclub.org;
- Facebook: www.facebook.com/lawrencevillewomansclub/



Bring To The Meeting

- Your beautiful self
- This newsletter & a pen
- Calendar
- Your name tag
- A guest
- Box Tops for Education
- Campbell Soup Labels
- Coke Rewards (lids, 12pack box)
- Aluminum Pull-tabs
- Aluminum Drink Cans (rinsed)
- Used printer ink cartridges
- Old Towels and Blankets
- Idea of what CSP/CSPS you would like to serve on
- Check for Spring District
- District awards
- Money for new name tags (if you ordered one)
- Change for Dimes for Shots and/or
- Heifer International
- Letters to The Military
- Items for Tallulah's Closet (see Federation Article for details)
- List of Volunteer Activities (see Federation Article for details)

ATTA Girls



Remember to submit any ATTA Girls to 2nd VP and the Newsletter Editor .

ATTA Girls: These are important as they are used to help write our reports at the end of the year. Any from previous months that haven't been sent in are welcome!!!

Note: Due to time constraints from the holidays, December Atta Girls will be in the February Newsletter

December:

Decorating for Christmas Party - Nicole, Janet, Rosane, Cheryl and Brenda plus Tommy Hallmark, Mike Shaw

Securing Club House for Christmas Party - Nicole

January:

Decorating and Set Up For Annual Banquet: Janet, Rosane, Pennie, Cheryl, Brenda

Conducting Officer Installation: Rosane Sandberg

Membership:

Transitioning of Membership Role: Allan

UPCOMING Events

- March 3 – PADV Teen Summit, Decatur High School
- March 8 – WHRC Women's History Month Event, Washington, DC
- March 17 – St. Paddy's On Perry
- April 20 – 22 – GFWC Georgia State Convention
- April 21 – Family Promise Bed Race
- April 21 – Paws in the Park
- April 28 – ArtsFest Gwinnett
- April 28 – GFWC Georgia's Statewide Day of Service
- May – September – 4th Friday Summer Concert Series
- June 21 – 26 – GFWC Annual Convention, St. Louis, MO, Union Station Hotel
- Sept 22 – Rock'n Ribville
- October 6 – Oktoberfest
- October 26 – Spooktacular on the Square
- December 14 – Hometown Christmas Parade

Tips for Tracking Time, Talent, Treasure

What to Track: Any service activity that involves two or more members can be reported as a program.

- **Description** of the activity/program and a description of what you did
- **Amount of Time** spent on the activity. If you are not sure, estimate. If it is short put down 15 minutes.
- **In kind donations:** In kind donations are **anything you as a member donated**, whether it was something you already had or something you purchased. An example of something you already had might be accessories for the Tallulah Falls Closet that you no longer use. Your in kind donation amount is your estimated dollar value of the items. An example of something you purchased might be items to put into an Easter Basket for DFACS that you purchased out of your own money
- **Club donations** – these are monetary donations that came directly from the club. If the club reimbursed you for money spent, that would be a club donation.

FEBRUARY

February is:
 National Black History Month
 Library Lovers Month
 National Financial Wellness Month
 Teen Dating Violence Awareness and Prevention Month

February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Arts CSP Planning Meeting – 6:30 pm LONA Gallery	2 National Wear Red Day Groundhog Day 	3
4 Rosa Parks Day Super Bowl Sunday	5 City Council Meeting – To Thank LWC - Flag Pole & Flag Installation on Lawrenceville Lawn, 7 pm, City Hall	6	7 LWC New Member Meeting –6:00 pm – Female Seminary LWC General Meeting –6:30 pm – Female Seminary	8	9	10 All The News That's Fit To Print Day Central East District Board Meeting
11	12 Lincoln's Birthday	13 	14 Valentine's Day Party – Gwinnett Extended Care, 3:00pm Valentines Day Ash Wednesday	15	16 Ash Wednesday Chinese New Year 	17
18	19 President's Day	20 Go Red For Women Proclamation – 2pm Gwinnett Justice Center	21 LWC Board Meeting –6:30 pm – Garden Plaza	22 National Heart Valve Awareness Day	23	24
25	26	27	28 Inconvenience Yourself Day	<div style="border: 1px solid green; padding: 5px;"> <p>Weekly Events, Holidays & Observances: Feb 1-7: Women's Heart Week February 4-10: National Burn Awareness Week February 16-19: Great Backyard Bird Count February 25 – March 3: National Eating Disorders Awareness Week</p> </div>		

