



Lawrenceville Woman's Club April 2024 Newsletter

April Chairlady LeeAnn Gregg

I will be hosting April's meeting and looking forward to seeing you all on Wednesday April 3rd at the Female Seminary 6pm. I want to remind everyone to bring their LWC binders/folders to the meeting. Our Program will be reviewing CSPs to see if we can come up with some different project ideas.

Check with Sheila as we also discussed doing an Earth Day project in April – she was going to check with someone at the Female Seminary as to whether we could put out seeds or plant something there.

Treasurer's report Nicole Hallmark

We received 3 more sustainers.

Arts and Culture Marylouise Awana

1. We are visiting the Hindu Temple in Lilburn on Tuesday, April 23. Ladies attending should bring canned goods.
 2. At our March meeting, we discussed partnering with the Collins Hill Library. I had planned on discussing this with the librarians there, however, this Library is closed until further notice. Will go to the Lawrenceville Branch week of March 25 and hopefully have a report by our April meeting.
 3. Suwanee Arts Festival is April 13 and 14th. The address is 3930 Charleston Market St. NW. Please ~~advise~~ let Marylouise if you would like to go.
 4. Will visit Lawrenceville Elementary School and speak with either the Principal or Art Director to determine if Art students need art supplies.
- That is it for April

Freedom to explore our world! 🌍

Newsletter Nicole Hallmark

May newsletter articles are due April 24 by noon.

Civic Engagement and Outreach

April 21-27th - GFWC Volunteers in Action Week --- Let's find a project and work on it that week - any suggestions?- I emailed Delmar Gardens to see if they have anything that week that we can help with?

Federation Day – April 24, 2014 – Pay it forward with an act of service on this day.

If you haven't already--- Sign up for the [Legislative Action Center](#), a powerful tool to alert you to GFWC's public issues and advocacy efforts. Track bills, contact your local representative and [take action](#) on issues germane to GFWC Resolutions.

Education and Libraries **LeeAnn Gregg**

Genealogy | Revealing Your Roots- An Exploration of Family History

Tuesday, April 02: 5:00pm - 6:00pm

Mountain Park Branch

AGE GROUP: AGES 19+

EVENT TYPE: GENEALOGY

Learn how to explore your family origins using ancestry.com

Community | Tea & Talk

Tuesday, April 23: 3:00pm - 4:00pm

Lawrenceville Branch

AGE GROUP: AGES 19+

EVENT TYPE: COMMUNITY

Looking to engage with your community, talk about your interests, and learn about what the library has to offer? Come to Tea & Talk to join in on the conversation! This program is for adults.

In-Person Program



Get FREE assistance with filling out a will form and advance directive. Attorneys will be available.



Environment

April is National Garden Month—Community Garden Fest will be held at the Grayson Branch from Tuesday, April 9th through Thursday, April 11th. Programs will run from 12:00 pm-6:00 pm and will cover topics about gardening, nature, and outdoor activities. We will feature guest speakers, live demos, and all things gardening!

Free Mulch is available Fridays from 7:30 am to 3:30 pm at 460 Paper Mill Road, Lawrenceville

Click here for the full [Garden Fest 2024 Event Schedule](#).

April 22nd is Earth Day - [Earth Day](#) celebrated every year on April 22nd to raise awareness and support for environmental protection. The first Earth Day was held in 1970, and it is now observed by millions of people in over 190 countries around the world. Why we celebrate Earth Day? In this article, we will explore the reasons why Earth

Day is celebrated and the importance of protecting our planet. The theme this year is “Planet vs Plastics” Come out to celebrate **Earth Day** on April 27 from 9:00am until noon at Coolray Field. Residents can drop off electronics, clothing and sneakers, latex and oil-based paints, and tires. Paper shredding is also available. In addition, residents can take part in different activities such as touch-a-truck, face painting, and meeting different haulers. This is a rain or shine event and is brought to you by Gwinnett Solid Waste Management and **Gwinnett Clean & Beautiful**.

Stop Food Waste Day is Wednesday, April 24th – is the largest single day of action in the fight against global food waste. Do your part that day – don’t waste!!

Did you know that –

33% of all food produced globally is lost or wasted every year.

45% of root crops, fruit and vegetables produced globally is lost or wasted per year.

\$1,866 the annual cost of food wasted by the average American family.

25% of the food wasted globally could feed all 795 million undernourished people in the world.

8% of all greenhouse gas emissions each year are due to food loss and waste



Health and Wellness **Shelia Jones**

Spring has sprung – yay!!! April 2nd – is World Autism Awareness Day - Let’s “Light it up Blue”. You should have a blue light bulb from over the years - be sure to use it on April 2nd . The goal is to increase understanding and acceptance of people with autism and foster worldwide support. Autism Spectrum Disorder is a developmental disorder characterized by behavioral and communicational affections that impact a person’s ability to navigate social interactions and also causes repetitive and restricted behavior. The first historical appearance of the word “Autism” was made in 1911 by the psychiatrist Eugen Bleuler, who used the term to describe a specific cluster of symptoms that were considered simple symptoms of schizophrenia as an extreme social withdrawal.

In that order, it was in 1943, when pediatric psychiatrist Dr. Leo Kanner characterized Autism as a social and emotional disorder in his article “Autistic Disturbances of Affective Contact”, and in 1944 Hans Asperger published his “Autism Psychopathology Article” where he described autism as a disorder of normal intelligence children who have difficulties with social and communication skills. These articles were an important contribution to the studies that helped to classified Autism as a disorder separate from schizophrenia in 1980.

With the continuous investigation and research on autism, World Autism Awareness Day was set to April 2 of each year by the “United Nations General Assembly” on “Resolution 62/139” and adopted on December 18 of 2007, to encourage member states to take action in raising awareness about people with autism spectrum disorder and support the research finding new ways to improve wellness and inclusion.

Send a free card to the patients at St Jude’s --- here’s the link -- **[Send a free card to St. Jude patients - St. Jude Children's Research ...](#)**

Pelvic Health and Rehabilitation Caroline Helgeland, PT, DPT from the Northside Gwinnett Outpatient Center
Wednesday, April 17, 12-1 pm Join Zoom Meeting

<https://northside.zoom.us/j/87562834877?pwd=eXQwa2NuMGh5Q2tJdmFqdnpzR0R4dz09> Meeting ID: 875 6283 4877 Passcode: 249966



Federation News

Shelia Jones

Shelia and MaryLouise attended the Spring District Meeting in Crawford, Ga – it was a very good meeting- and well attended – 13 clubs- over 60 people in the district were present. Clubs were asked to revisit bylaws. The next CED administration was installed – lunch was delicious. Shelia and Nicole attended a workshop to help with table favors for the GFWC Georgia Annual Convention--- it was a lot of fun- working with ladies in different clubs. Just a reminder that the annual convention is April 26-28th Atlanta Marriott and our club is responsible for helping with Friday night table favors, etc. Let Shelia know if you didn't receive the call for the Annual Convention in Atlanta.

Welcome to historic Madison!

The Madison-Morgan Cultural Center cordially invites you to join us for our annual
Madison Spring Tour of Homes and Gardens
Friday, April 19 and Saturday, April 20
10 AM to 4 PM
www.mmcc-arts.org

As the crisp winter air shifts to warm spring breezes, journey to beautiful Madison, GA to see the first blooms of spring on Friday, April 19th and Saturday, April 20th, 2024. This daytime tour boasts six gorgeous private residences and color-rich gardens. It promises to be a delightful promenade through the City of Madison during its most exquisite time of year. We are happy to announce that Serenata Farm and Boxwood (featured in Garden & Gun) are on tour this year. Please see the attached photographs of several of the homes and gardens that are part of this year's tour.

We love group tours. Group tours can be a great way to explore charming historic places, and create lasting memories together when you consider traveling to our compelling historic town - only 55 miles east of Atlanta. Groups of 15 (paid persons) or more will enjoy discounted tickets and two free tickets, one each for the organizer and bus driver. We will provide a customized itinerary and pair you with a step-on-guide, if available. I will happy to answer your questions and assist you with lunch recommendations. We plan to partner with local establishments for boxed lunch options as well. Keep an eye on our website for updated details.

Our self-guided walking tour (plus a home or two within a short driving distance) take place rain or shine. Please wear comfortable shoes, bring raincoats or umbrellas, and be prepared to have a grand time. Our beautiful, quaint town offers delicious dining, in-town shopping, and the best of Southern hospitality.

The Madison-Morgan Cultural Center is a multi-disciplinary non-profit institution that endeavors to enrich the lives of the residents of its immediate community and the broader region by presenting high-quality programming and educational opportunities in the fields of visual and performing arts, history, and other humanities. MMCC will preserve and interpret its historic buildings and will cooperate with other organizations that have mission-compatible goals. Visit www.mmcc-arts.org to learn more about the Center and our Tour of Homes.

PADV/Wellsprings Living

LWC sent \$23 to GFWC Georgia President Kim Sekulow's Special Project to celebrate and honor 23 years that Wellspring Living has made an impact on the lives of their participants. Since 2001, Wellspring Living has provided domestic sex trafficking victims and those at risk (ages 12+) with comprehensive, trauma-informed, victim-centered recovery services through residential programs, community-based programs, and post-program support. Each program utilizes a multi-disciplinary service model to provide transformative care through three service pillars: housing, healing and education. The focus for each participant is on developing their courage to move forward and their confidence to succeed. Through operating best practices and with highly qualified staff, Wellspring Living programs are statistically proven in providing restorative services that yield positive, life-changing results. As a

Christian-based organization, our faith compels us to create an environment of transformative care through the comprehensive services we provide. If you haven't checked out their retail store – you should - ☐

WELLSPRING TREASURES

DULUTH

(678) 578-6232

2785 Buford Highway, Suite 102-A

Duluth, GA 30096

Mon–Sat: 10AM–5PM

Donation Hrs: until 4pm

(The Donation Center is closed on Wednesdays.)

SAVE THE DATE! Hearts with Hope Gala for PADV Saturday September 28, 2024, 6pm Georgia Aquarium tickets are \$175 before May 1st \$200 after that. Includes live music, entertainment auctions and more.

Book Club Shelia Jones

April 12th is D.E.A.R - Drop Everything and Read Day – a national celebration of **reading** designed to remind families to make **reading** a priority activity in their lives. Atta girls to Nicole, Michelle, and Shelia - We had a great lunch and several books were mentioned. Bring your calendar to the next meeting and we can discuss date/time/place for our next luncheon!!!

Sunshine Nicole Hallmark

We do not have any April birthdays! Lilburn Woman's Club is heartbroken to share that Pat Swan, a former president and amazing volunteer, is no longer with us.

A memorial service will be held on Friday, April 12th at 4 PM at the Church on Main (2400 Main St E #3361, Snellville, GA- formerly First Baptist Church of Snellville).

Pat's family are in our thoughts and prayers.



Happy Earth day