

September Lawrenceville Woman's Club Newsletter

President – Shelia Jones

Welcome back – hope everyone had a great summer and had some fun vacations!!! Our next general Meeting is September 1 at the Female Seminary 6:30 for socializing and the meeting will start at 7; but October we will be at Historical Courthouse. Arts will be hosting the September Meeting and Civic Engagement in October, Education & Libraries November Meeting – hopefully we will be back at the Female Seminary by then. Over the next few months, we will be forming a nominating committee for next year's Officers ---Start thinking about what position you would like to hold. Last year the committee was Nicole, Marylouise and Sandra S -- so they can't serve this year.

Thank you to the CSPs that continued their work over the summer – even though I couldn't participate in many – I saw some great projects on facebook- so again thank you. We will be back

Congratulations on the GFWC Georgia Central East District Awards and the club for the hard work over the last year ----

Education and Libraries Community Service Program – 2nd Place .

- GFWC GA Challenge Project: Support STEM Program Activities for Special Needs Students
- GFWC ST Mountain Woman's Club Learning Disabilities Award
- Environment Community Service Program – 3rd Place
- GFWC Georgia Environment CSP Challenge Project Awards: Reduce, Reuse, Repurpose, and Recycle. "Best Reduce Plastics Project" – 3rd Place
- GFWC 1734 Society Participation Award
- Jeanette Coody Domestic Violence Award

1st Vice President

I will bring the roster to the meeting so that it can be updated with any changes.

Ladies Time Out --- Gnome Bottle Toppers August 31 - Courthouse – 6-8 pm --- Has anyone signed up --- Rosane and Paula ---

Let Shelia know if you interested in hosting a LTO event the remainder of the year ----

2nd Vice President

As the year comes to an end – don't forget to be keeping track of your volunteer hours, so you give to the CSP chairs to complete their reports. We don't have a specific date for the reporting deadline yet – but it's usually around January 25th ----- <https://gfwcgeorgia.org/club-resources/reporting-forms/>

3rd Vice President

You still have time to order from RADA- they have a lot of great products -----
- <https://radafundraising.com?rfsn=5444586.230a99>

Federation News

The GFWC 2021 International convention will be August 27-30th in Atlanta Marriott and Southern Regional October 21-24 in Orlando, Florida -- hope some of you plan to attend.

Treasurer's Report Debbie Jeffries

Treasurer report
CSP \$6,443.78
CLUB \$6,497.39
TOTAL \$12,941.17

Arts and Culture Marylouise Awana

In June, Bonnie and I attended our first Lawrenceville Arts Commission meeting to introduce our club to the commission and offer our help.

On July 30, Arts and Culture members: Debbie Jeffries, Bonnie, and I partnered with the Arts Commission at the Downtown Lawrenceville Rocks event. We donated acrylic paint and brushes for this rock-painting event.

Mary Sanders and I attended the August 10, Arts Commission meeting. Bonnie, Mary, Cheryl, and I worked with the Arts Commission on August 14 at the "Free Comic Book" day with the rock painting booth. The Arts Commission will be speaking at our September General meeting. Arts and Culture will be hosting our September General meeting and the Lawrenceville Arts Commission is our guests. They will describe their function in Lawrenceville focusing on the Arts and how we can partner with them. Arts and Culture is hosting a Ladies Time Out in October, which will be at The Fernbank Museum. Details. Date, dinner, etc. to follow very soon. Keep a look out for additional details regarding a joint meeting with Civic Engagement at Rhodes Jordan during the August 23 week. Hope you all had a fantastic summer! See you soon 🙌😊🎉

Civic Engagement Mary Sanders

Top Dogg K9 Foundation

The October program will be presented by the Top Dogg k9 Foundation. The mission of this organization is to reduce the number of military families that are impacted by suicide due to mental illness. Our speaker will give us an overview of the Foundation and give us information about the "Top Dogg Walk for Mental Health"; this will take place in May of 2022 and will attempt to break the Guinness World Record for the biggest dog walk for mental health.

A Million Thanks

To celebrate the GFWC 125th Anniversary we will send at least 125 cards and letters through "A Million Thanks" which provides support and appreciation to our active and veteran military men and women through sending cards and letters.

Our goal is to send some generic cards and letters with some aimed toward the Holiday Season in November and December. If you would like to make a card and/or provide a signed card or letter, please bring them to the September meeting. Our goal is to have all sent by October 10th.

Education and Libraries Debbie Jeffries

Hope everyone had a wonderful summer, we have been busy doing activities thru out the summer now we look forward to the fall.

Hope all have stayed well with Covid.

Coming up:

COOKING WITH YALLS

September 10, volunteers are Sheila and Rosalyn

October 29, volunteer is Sheila, Debbie B.

December 17, volunteer is Debbie B. Hope to have a joint culture party with Arts and Culture. Christmas in Mexico.

READING CHALLENGE

Hope all of you have been doing your reading over the summer, or did you even remember that we were doing this? The winner of the challenge will get \$25.00, 2 and 3rd place will get \$15 and \$10. Please bring your bingo reading challenge to the October meeting so I can award the winners in November.

BOOKS

Need to collect paperback books for the Lawrenceville Jail library. Remember paperback only and NO religious or violence books. Please bring to the October meeting, will hand out end of October which is Library month.

OCTOBER is a special project for special needs, have some ideas, more info to come

SCHOOL

we donated over 1500 items to the school

NEXT MEETING for Education and library CSP is going to be Saturday October 2, at my house at 1pm.



Environment

Cheryl Shaw

Cool Season Garden Tips—Late summer is the time to get your cool season vegetables planted. Vegetables to plant in early September include beets, cabbage, carrots, lettuce, spinach, broccoli, cauliflower, radishes, and turnips. If you don't plan to grow cold season vegetables, it's important to feed and cover your soil. Cover cropping is a great way to manage many species of weeds until the next planting season. Consider planting crimson clover, winter rye, hairy vetch, or winter wheat.

Lawrenceville Community Garden—To help support food security, all nine of the Gwinnett Community Gardens have community share rows which are planted, maintained, and harvested by volunteers, with all produce being donated locally to Co-Ops, the Housing Authority, and seniors. Produce from the Lawrenceville Community Garden is donated to the Lawrenceville Co-Op. To date, I have harvested and donated 121 pounds of onions, zucchini, and tomatoes, along with some herbs from the LWC bed. If you are interested in participating in a workday, contact me for details. Morning and evening time slots are available through the end of September and vary among the gardens.

Partnerships—In July, we partnered with the Lawrenceville Garden Club and Parks and Recreation to make terrariums for 34 day-campers at the Rhodes Jordan Community Building. We are looking forward to future programs, including "field trips" to the Community Garden, where Environment hopes to establish a Children's Garden (grant pending) so they can experience hands-on planting, weeding, watering, and harvesting vegetables and explore the role that pollinators play in growing our food.

GREAT Little Minds Book Exchange—The door to the box was recently vandalized. The books have been removed and a work order was submitted to replace the plexiglass front. I plan to renew the grant request for funds to purchase additional garden theme "early reader" books. The Little Free Library at the Special Needs School was damaged during recent renovations, but we still supply used books for the parents at Creative Enterprises.

Over the summer, Environment received \$22.50 for recycling cans, delivered used towels to the Animal Shelter and books to Creative Enterprises, donated a gallon bag of pull tabs, and offered our assistance to a group of gardeners who are working to have Lawrenceville designated as a Tree City. Keep your fingers crossed for good news.

*Continue to save and bring to the meetings—used books (children and adults), used towels and blankets, aluminum cans, and pull tabs. Thanks for your continued support!



Health and Wellness

Rosane Sandberg

In August Deb & I delivered items to the Special Needs School to help resupply their First Aid Cabinet. Debbie J and I continue "Workout Mondays" with the YALLS.

Save the Date:

The Bethesda Senior Center is planning to have the Fall into Health Wellness Fair on Friday, October 22 from 10 am – 1 pm and we will need volunteers for this. As soon as we have more information about the event will let members know.

Charity Miles Our team has over 1040 miles so far with Debbie J leading with 678 miles! Good Kudos to team members Deb J, Lee Ann, Debbie B, Nicole, Marylouise, Mary S, Shelia, Rosane and Tom and Patrick did a few miles too. Pledges all go to St. Jude Children's Research Hospital.

Healthy Events

September 11 – Community Health Fair sponsored by the **Gwinnett Daily Post** and **Live Healthy Gwinnett** at the Lenora Park Gym, Snellville. You can check the website for details and future events.

<https://www.livehealthygwinnett.com/programs-events/>

Reminder: We are back to wearing masks and social distancing.

Communications & Public Relation Rosane Sandberg

We had a busy summer with all CSP sending pictures of their activities. Please continue to send your pictures for Facebook to lwcgasocial@gmail.com. Be sure to include a write up of the event with all details of what and where and why. If other than club members in the picture please get names.

Sunshine News Nicole Hallmark

Welcome back Ladies! I hope everyone had a wonderful and healthy summer. I'm doing this newsletter from our condo at the beach without access to September birthdays. However according to the information, I received from Marylouise I do know Phyllis Prunty's birthday is September 7. Other than that, I'll have to make it up at the September meeting. Thank you to our Condo Association for letting me use their computer to do our newsletter.

Phyllis Prunty continues to need our prayers, our thoughts, our cards, and our visits. She is currently in the rehab center of Del Mar Gardens in a smaller semi-private room recovering from her fall a month ago. You may reach her by phone at: 770-923-3100 or 770-817-2490 and ask for Phyllis. They operator will transfer your call.

And you may send her cards/letters, etc to: Delmar Gardens of Gwinnett- Rehab Center 3100 Club Drive 30044 Attention: Phyllis Prunty. And you may visit, after calling 770-817-2490. Either Brian, Kay, or Yvette will make the reservation for a visit.